



Arctic Infant Plans

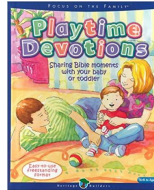
	Monday	Tuesday	Wednesday	Thursday	Friday
Language	Polar Bear, Polar Bear Read <u>Polar Bear, Polar Bear What Do You Hear?</u> by Bill Martin.	Hello Arctic! Read <u>Hello Arctic!</u> by Theodore Taylor.	Arctic Five Arrives Read <u>Arctic Five Arrives</u> by Elinor Pinczes.	My Arctic 1, 2, 3 Read <u>My Arctic 1, 2, 3</u> by Michael Kusugak.	In The Arctic Read <u>In The Arctic</u> by Steve Lavis.
Fingerplays & Songs	Did You Ever See A Polar Bear Tune: "Did You Ever See A Lassie?" Did you ever see a polar bear, A polar bear, a polar bear? Did you ever see a polar bear Sliding on ice? He slips and slides, He twirls and glides. Did you ever see a polar bear, Sliding on ice?	Polar Bear Walks 'Cross The Snow Tune: "Mary Had a Little Lamb" Polar Bear walks 'cross the snow, 'Cross the snow, 'cross the snow, Polar Bear walks 'cross the snow, Moving very slow. Polar Bear starts to run real fast, Run real fast, run real fast. Polar Bear starts to run real fast, Now he's home at last!	Cold Snowman Out in the yard, I saw a snowman Who was cold as cold could be. I gave him a hat and a bright red scarf But he still looked cold to me. So I build a big bonfire To last through the night. But in the morning He was nowhere in sight!	I'm a Little Penguin (Sung to I'm a Little Teapot) I'm a little Penguin, in the sea I can swim as fast as can be When I catch a fish just look at me I'm as proud as I can be I'm a little Penguin on the ice I think cold is very nice Then I hop around first once, then twice I think ice is very nice.	Polar Bear, Polar Bear Polar Bear, Polar Bear turn around. Polar Bear, Polar Bear touch the ground. Polar Bear, Polar Bear bend down low. Polar Bear, Polar Bear touch your toe. Polar Bear, Polar Bear slide on the ice. Polar Bear, Polar Bear spin around, twice. Polar Bear, Polar Bear reach up high. Polar Bear, Polar Bear touch the sky.
Motor	Fish Toss Explore using gross motor skills by tossing toy fish into a bucket. If you don't have toy fish, use sponges.	Slide and Slip Increase stomach muscles by pretending to slide and slip on ice.	Roll Over Use gross motor skills by turning from side to side like polar bears.	Where is the . . Point, gesture or move towards objects by playing Where is the... Use arctic animals and toys if available.	Hide the Polar Bear Demonstrate object permanence by hiding a stuffed bear under a blanket and then finding it. Find other hiding places for the bear.
Sensory & Science	Ice Painting Explore color and temperatures by using watercolors to paint on ice cubes.	White on Black Assist your infants in gluing strips of black and white paper to a paper plate. Discuss the opposite colors.	Mashed Potato Fun Allow baby to explore a new texture with hands and fingers by playing with mashed potatoes on the high chair tray.	Soft & Smooth Explore new textures by exploring objects of different textures such as stuffed toys, hard blocks, cloth items, etc.	Wet & Dry Provide a bowl of water and a few bath toys as well as some small towels. Talk about what is wet and what is dry.

Infant Plans Notes

Supplies Needed

Infant Plans are meant to give some structure and fun to a baby's day, while providing experiences to stimulate growth and learning. They can be used at home, in a daycare, in a child care, church, or wherever there are babies. I have provided activities, books, songs, etc. centered around a theme for the week. Depending on the age and ability of the infant's you care for, you can adapt the plans to work for you. These plans can be expanded by adding more verses to the suggested songs and repeating favorite activities.

If you would like to add Bible activities, I recommend Playtime Devotions:
<https://amzn.to/2wV80ZJ>



Please Note: Purchase of this item is for the use of the purchaser for home or classroom use only. Do not share or post it on any website or social media. © 2022 ~ Pamm Clark ~ All Rights Reserved

- ✓ Polar Bear, Polar Bear What Do You Hear? by Bill Martin
- ✓ Toy fish or sponges, bucket
- ✓ Water colors, ice cubes, bowl
- ✓ Hello Arctic! by Theodore Taylor
- ✓ Black and white paper, glue, paper plate
- ✓ Arctic Five Arrives by Elinor Pinczes
- ✓ Mashed potatoes
- ✓ Ice cubes, paint brushes, watercolors
- ✓ My Arctic 1, 2, 3 by Michael Kusugak
- ✓ Arctic animals and toys (optional)
- ✓ Toys of different textures
- ✓ In The Arctic by Steve Lavis
- ✓ Stuffed bear, blanket
- ✓ Bowl of water, bath toys, small towels